

Dementia Care Training Programme

1) **Competency levels of training.** The ABMU Dementia Care training Team currently provides three levels of training: Awareness level - this equates to the 'Informed' level of training defined in the 'Good Work' framework: Skills level (the five day modular programme currently provided to direct care staff. Team Leaders and managers are welcome to attend this training) – equates to the 'Skilled People' level of training defined in the 'Good Work' framework. Content includes:

- **Day 1** :- An overview of dementia
- **Day 2**:- Communication and understanding behaviour
- **Day 3**:- Aspects of mental and physical health
- **Day 4**:- Legal and ethical issues and end of life care
- **Day 5**:- Positive environments, meaningful interactions and “What next?”

The DCTT has reviewed its previous 11 modular half day series, and has introduced a five day series in 2017-18. This allows for greater discussion and interaction. The team has improved the training by including a greater element of skills based learning, alongside the knowledge base.

Bridgend commission the DCTT to deliver a two day course to managers. Content includes:

- Give a basic explanation of what dementia is and how it is diagnosed
- Describe Person Centred Care and complete an appropriate “Getting to Know You” form
- Demonstrate positive approaches in communicating with a person who has dementia
- Investigate the meaning behind behaviour
- Complete an appropriate pain assessment tool
- List what you need to consider when assisting a person with dementia to eat and drink
- Recognise the importance of supporting informal care partners
- List some of the steps that could be taken to enable better end of life care
- Give examples of design principles which can have a positive impact on people who have dementia
- Pinpoint 3 aspects of their work place that need to become more dementia friendly,
 - list what needs to change,
 - describe the steps needed to make the change
 - explain how they will know that the change has taken place

Managers are encouraged to take a pro-active leadership approach to reflecting upon and developing dementia care in their service.

Anyone attending the Skills based series or the Manager's course is asked to identify areas of practice that they will change and introduce in their work setting following the training. The DCTT will follow up this pledge six months later seeking confirmation of progress, or to identify any barriers.

2) Good Work Dementia Learning and Development Framework for Wales.

When this framework was published, the DCTT mapped and checked the recommendations against the content of the programmes it offers. Bridgend is working to the 'Good Work' framework.

3) Impact and Leadership. DCTT encourages participants to identify how they will improve their practice, and further post training evaluation will monitor progress. This resulting information can be shared with the authority, and contract monitoring. Managers are encouraged to provide positive leadership in their establishments as 'Influencers'